



# The Lummi Island Tome

February 2025 - Volume 60 No. 2



## Calendar of Events

### Weekly

Sunday	Island Chapel – Grange Main Building	9:30 - 10:30 am
	Worship Service – Congregational Church Sanctuary	10:30 - 11:30 am
Tuesday	Kundalini Yoga – The Gathering Place	9:00 am
	Island Chapel Ladies' Bible Study – 1759 Joans Ln / Zoom	7:00 pm
Wednesday	Elderberries (Lunch 12pm) Games and Coffee – The Gathering Place	11:00 am - 2:00 pm
	Island Chapel Family Bible Study – 1759 Joans Ln / Zoom	6:00 - 7:00 pm
Thursday	LIFD Volunteer Firefighting Training (except holidays)	6:30 - 9:00 pm
Friday	Coffee Shop and Games – The Gathering Place	10:00 - 11:30 am
Saturday	Preschool Story Time at the Library	10:30 - 11:00 am
<b>Ferry Refueling: February 3, 17; 12:10pm Gooseberry &amp; 1:00 pm Lummi Island Runs Delayed</b>		

### Monthly

3rd Sun.	Fireside Social <a href="https://www.fs.lica.us">FS.LICA.us</a> <b>See Pg 4</b>	7:00 - 9:00 pm
1st Mon.	Emergency Siren Test - <i>Do not call 911</i>	12:00 pm
3rd Mon.	FOIL Board Meeting – Library, Hanson Meeting Room	6:00 pm
1st Tue	LICA Board Meeting - Library, Hanson Meeting Room	7:00 pm
2nd Tue.	WCFD 11 Board of Fire Commissioners Meeting - Fire Hall	7:00 pm
	Camera Club Meeting - Grange Hall	6:30 - 8:00 pm
3rd Tue.	Resilient Lummi Island - Library, Hanson Meeting Room	6:30–7:45 pm
4th Tue.	Cemetery Commission Meeting - Library Hanson Room	4:00 - 5:00 pm
1st Wed.	Grange Meeting - Grange Hall	6:00 pm
4th Wed.	WCFAC Meeting - The Gathering Place	6:00 pm
2nd Thur.	Civic Club - Grange Hall	10:00 am

### February Events

Feb 11, Tues	Parish Dinner - <b>See Pg 3</b>	5:00 pm
Feb 13, Thurs	Senior Services w/ Northwest Regional Council, Library - Hanson Meeting Room - <b>See Pg 6</b>	2:00 - 4:00 pm
Feb 14, Fri	Valentines Day! Don't Forget your Sweetie	
Feb 15, Sat	Solar Workshop, Island Library - <b>See Pg 6</b>	6:30 - 8:00 pm
<b>Garbage &amp; Recycling: February 6, 20</b>		

### Upcoming Events

March	Lots of Library Events! - <b>See Pg 6</b>	
March 8, Sat	LIHT Annual Meeting, Grange Hall - <b>See Pg 4</b>	6:30 pm
April 1, Tue	Blood Drive, Grange Hall - <b>See Pg 10</b>	10 - 4

Check the Online Community Calendar for the most up to date information at [OurLummiIsland.org](https://www.OurLummiIsland.org)



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The LICA Board appreciates all the islanders attending the annual meeting, the pot luck was excellent! LICA members approved the current LICA board for 2025. Members also approved the grant requests from the Grange, Parish Nurses, and Health & Wellness Committee. Additionally, members reviewed and approved the 2025 budget. Pam Gould from the Ferry Advisory Committee provided an update on all things ferry.

The LICA board meets on the first Tuesday of the month 7PM at the library. All are welcome to attend or send us written questions, suggestions, or comments.

Please consider joining us on the LICA board. It is very important for all of us on Lummi to have a strong board.

David

### Helpful Numbers

<b>Aluminum Cans</b>	<b>360-223-6225</b> Contact Leslie Dempsey. <i>Recycle Bins Located in Grange Parking Lot</i>
<b>Church Rental</b>	<b>360-758-2060</b> Church <a href="mailto:office@LummiChurch.com">office@LummiChurch.com</a>
<b>Gathering Place</b>	<b>360-758-2060</b> <a href="mailto:info@ligatheringplace.com">info@ligatheringplace.com</a>
<b>Grange Rental</b>	<b>360-223-6225</b> Leslie Dempsey
<b>Library</b>	<b>360-758-7145</b> Tuesday 1:00-7:00pm, Thursday and Saturday 10:00am-5:00pm
<b>Free Notary Service</b>	<b>360-758-2559</b> Call David Thorn
<b>Post Office - New Number!</b>	<b>360-298-7584</b> Mon. - Fri.: 10:45am - 2:45pm, Sat.: 10:30am - 12:30pm, Lobby 24 Hours
<b>Hazardous Waste</b>	<b>360-380-4640</b> For Info & Questions. Open 9am-4pm Mon-Fri & 1st Sat of the month

Past Rainfall Totals		2023				
Location	August	Sept.	Oct.	Nov.	Dec.	2023
Westshore - Sheila & Al Marshall	0.97	1.30	3.88	4.14	5.51	25.44
North Tuttle Lane - Nancy Simmerman	0.75	1.27	5.31	4.31	5.71	26.95
South Nugent - Jerry Brown	0.76	0.74	4.49	5.14	5.71	28.69
Scenic Estates - Leslie Dempsey	0.45	1.00	N/A	4.45	5.90	25.66*
Granger Way - Scott Josiah	0.78	0.91	5.19	4.20	5.23	—*
Current Rainfall Totals		2024				
Location	August	Sept	Oct	Nov.	Dec.	2024
Westshore - Sheila & Al Marshall	3.30	2.18	6.60	5.67	5.50	—*
North Tuttle Lane - Nancy Simmerman	3.26	2.14	5.96	5.17	5.21	40.73
South Nugent - Jerry Brown	3.56	1.82	7.81	5.03	5.65	43.43
Scenic Estates - Leslie Dempsey	3.46	2.00	8.28	5.65	5.28	45.83

\* Some monthly data missing

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## Lummi Island Congregational Church

By Rhayma Blake

**Parish Dinner on Tuesday, February 11th** at 5pm celebrates a bit of the upcoming Valentine's Day. You are invited to bring a photo or memento of your favorite "Sweetheart" to share that evening. Featuring Beef Bourguignon with a vegetarian option, mashed potatoes, bread, butter, green salad, and (drumroll) Jane's incredible carrot cake for dessert all for a suggested donation of \$15. Live music by "Jimmy the lock", your choice of wine or beer by donation, and a chance to visit with great neighbors, all at The Gathering Place. You can also pre-order your take-outs by Noon that day at [office@lummichurch.com](mailto:office@lummichurch.com) or 360 758-2060, we'll have them ready for you (but you'll miss the fun and music!!!).

Ongoing activities include:

- **YOGA** classes on Tuesdays at 9:00am.
- **ELDERBERRIES** gatherings Wednesdays from 11 to 2pm with lunch at Noon.
- **COFFEE WITH FRIENDS** every Friday morning from 10-11:30.

And, of course, **WORSHIP** in the sanctuary continues on Sundays at 10:30am. All are welcome.

Keep up with the latest on all these events at [www.lummichurch.org](http://www.lummichurch.org). Details about The Gathering Place are available at [www.ligatheringplace.com](http://www.ligatheringplace.com). You can email us at [office@lummichurch.com](mailto:office@lummichurch.com) or [info@ligatheringplace.com](mailto:info@ligatheringplace.com) or call (360) 758-2060 with questions. Remember, *no matter who you are, or where you are on life's journey, you are welcome here.*



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## Fireside Socials



Don't like to be out and about in the dark cold nights, but miss being with others? Join us for casual and friendly conversation with your neighbors!

The Fireside Socials are the 3rd Sunday of each month starting at 7pm and go until 9pm, but come in at any time to see who is here and join into the conversation! Use this Link: [FS.LICA.us](https://FS.LICA.us)

Questions? contact [Info@LICA.us](mailto:Info@LICA.us) (Zoom hosting service is courtesy of LICA)



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## Lummi Island Heritage Trust

By LIHT Staff

Happy pale winter light filters through the branches of the majestic maple tree outside of the Resource Center on the Otto Preserve, illuminating mantles of moss on the gnarled trunks and leafless branches of our deciduous trees. Frost stipples the landscape and yet the subtle traces of an incoming spring are present as well: swelling buds on the tips of Big Leaf Maple branches and Osoberry stems, clusters of flower buds huddled together in the spiny crowns of Oregon Grape, and the fresh basal growth — like an array of miniature, green canoe paddles — of a native woodland wildflower, Siberian Spring Beauty. In the depths of winter, nature is already gearing up for spring and so are we.



Three new interpretive signs are complete at the Aiston Preserve, stationed in the nearshore area and at the Circle Rock viewpoint in the upper quarry, describing the human history, ecology, geology, and viewshed of the site. Our stewardship staff and volunteers are planning for invasive species management and continued restoration of the former mine and surrounding areas. Additional native tree and shrub plantings are planned for mid-March at both the Aiston and Curry Preserves, including Garry oak and flowering currant. The plantings will be smaller in scope this year than the last two years, focusing primarily on replacing losses in previous plantings. Such efforts rely in large part on the enthusiasm and hard work of volunteers; please keep an eye out for upcoming publicity if you are interested in participating.

Mark your calendars! All are welcome to attend this year's **Annual Meeting**, which will take place on **Saturday, March 8th at 6:30pm at the Lummi Island Grange Hall**. We are thrilled to introduce this year's speaker, Lummi Island resident and founding Director of the Salish Sea Institute, **Ginny Broadhurst**. Ginny will be providing an overview of the significant restoration and protection work being conducted in the Salish Sea region and will share more about her work with students, leaders, and community members to create a "Network of Hope" for the Salish Sea. For more information about Ginny and this year's Annual Meeting, visit our website at [www.liht.org](http://www.liht.org).

With a new year comes new leadership for our Board of Directors. We extend our abiding gratitude to Scott Josiah for his impactful tenure as Board Chair over the last three years. Drawing on a long career in forestry, including the roles of State Forester and Director of the Nebraska Forest Service, Scott brought invaluable knowledge of and passion for land and forest management to his role. Scott will be succeeded as Board Chair by Mary Ross who has been a LIHT board member since 2019 and a steadfast supporter, volunteer, and committee member for many years prior. We look forward to great years ahead with Mary at the helm. We would also like to give profuse thanks to three retiring board members: Judy Bush, Elizabeth Kilanowski, and Janine Shaw, who have dedicated a phenomenal nine years of service each to the Board of Directors and whose commitment, expertise, and generosity have been invaluable assets over the last decade.



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**Schedule your 2025 Events Now!** Whether you are an organization, business, or individual, now is the time to schedule your 2025 events at The Gathering Place.

**For non-profit organizations** – we are offering a special rate of 50% off one rental in 2025. We are offering this special rate to island organizations to introduce the community to this wonderful venue for board retreats, trainings, or fundraisers. **For individuals** - are you planning a family celebration, party, or wedding in the coming year? Rental fees for The Gathering Place are very fair and competitive with other local/regional venues. Our rental income is critical to support the upkeep and maintenance of this lovely place and all its modern facilities for Lummi Island

The Gathering Place is a lovely, modern, accessible building surrounded by nature and peaceful beach trails. It is a perfect workspace to focus on your agenda, or a wonderful venue for your next event. The Gathering Place can serve your needs for small and large gatherings. Commercial kitchen facilities are available, as well as two small meeting rooms. To learn more about renting The Gathering Place, visit our website. You may call 360-758-2060 or email [info@ligatheringplace.com](mailto:info@ligatheringplace.com) with questions or to schedule a tour.



## Beach School

By Tammy Immer



We would like to give a shout out to our hard-working Math Olympiads this year as well as for their teacher, Arria Merrill. Our students are gearing up for this exciting competition that will take place on March 5th at Cascadia. Go Eagles!

If you would like to come in and share your musical talent with our students, please give us a call. Music is on Fridays from 1:30-2:00. We are working on having a Lummi resident come out to teach Lummi Nation language to our students on Fridays as well. February happenings: Heather Jefferson will be coming out to share Lummi stories, we have an all-school Field trip to Mt. Baker Theater to see Peter & the Wolf, and K-2 will also be attending Stellaluna. After school enrichments we are planning are cooking, engineering, pottery and felting. We are thankful for Erin from our Island Library as she continues to meet with students on Tuesdays after school for reading and activities.

Micha Camarillo is again working with our 5th grade Leadership Action Team this year. This team is looking for ways to serve and improve our school as well as being community minded. The Bingo night/silent auction they had Jan 17 went splendidly and they will be hosting another Bingo night/silent auction in March for Pi day!

We want to thank Beach Elementary Parent-Teacher Organization (BEPTO); Lummi Island Foundation for Education (LIFE); and our Island community for your support of Beach School. We cannot do it without you!

## Resilient Lummi Island

By Robin Richardson and Lindy Early-Rose

At our first Resilient Lummi meeting for 2025 we reviewed the various projects we worked on in 2024 that supported our broad goal of helping make Lummi Island more resilient, proactive and adaptable to the effects of climate change with all it's physical, economic and emotional challenges. These projects included supporting legislation for Climate Advocacy, 2 workshops on home composting, helping with recycling at island events and hosting a presentation on Biochar as well as one by Jeff Solomon from the Lummi Nation about wetlands, water quality and salmon restoration.

Looking forward to 2025 we will continue supporting methods to reduce the island's contribution to Landfill and it's carbon impact. For an interesting article regarding the coming mandated food and yard waste collection in Bellingham in 2025, check out the Cascadia Daily article:

<https://www.cascadiadaily.com/2024/dec/25/mandatory-food-and-yard-waste-collection-comes-to-bellingham-in-2025/>

We hope to support FoodWaste Composting and recycling for large island events, workshops on varied home compost methods, and a yard waste chipping event (perhaps with the Fire Department). In reducing our trips to town we have been discussing Group Buys for large amounts of compost, worm bins, solar panels, and other climate friendly items. We have also considered the need for an island ride sharing forum on-line.

We are always interested in new ideas, workshops and members. We meet at the Island Library on the 3rd Tuesday of the month, from 6:30 to 7:30 pm. Our next meeting will be February 18, 2025. Hope to see you there!

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## The Island Library - It Belongs to You

By Joan Keiper

Hours: Tuesday: 1:00 - 7:00 pm; Thursday & Saturday: 10:00 am - 5:00 pm.:

### February Upcoming Events

The Island owls are roosting at the library. Check out Buff's and Mary's latest display.

**Solar 101 Workshop** – Friends of Island Library( FOIL) is sponsoring a presentation on solar power and battery backup by Kyle Hermansen of Western Solar . Learn more about current solar and battery technology, how solar works in the Pacific Northwest, financial benefits, and available incentives. **Saturday, Feb 15th**, 6:30 – 8:00 PM, at Island Library.

### Senior Services with Northwest Regional Council In-Person -

Sign up for a one-on-one meeting with Stacy Malone Miller or one of her associates from Northwest Regional Council to discuss your eligibility for in-home care, caregiver support, non-emergency health care transportation, and other senior services. Meetings will be held at Island Library on the second Thursday of January, February and March. Register at [WCLS.org](http://WCLS.org) or at the Island library for a half hour appointment. Drop-ins will be accommodated if space is available. Thursday, Feb. 13th, 2:00 – 4:00 PM.

**Island Story Time** - For ages 2-6, 30 minutes. An open program that includes stories, rhymes, and songs with opportunities for movement and interactive participation. Meets every Saturday at 10:30 AM until May.

**Library Budget Listening Session** - WCLS administrators will review the library system's budget forecast and ask community members for their input about the library services that matter most to them and their families and their suggestions about how to move towards fiscal sustainability. Each session will include a brief presentation followed by a Q&A and hands-on interaction and discussion. Saturday., Mar 1st, 3:00 – 4:30 PM.

**Island Teen Corps - LOL 101** - We need teens with a community spirit to help out with our LOL 101 program for kids. You'll help pass out supplies and assist kids in all the making and the doing. Teens in grades 6-12 can register below. Tuesday, Mar 4th, 2:15 – 4:30 PM

**Island LOL 101 - Jokes for Kids** - Why don't eggs tell jokes? They'd crack each other up! Come out to the library to learn about how to write hilarious jokes, and how to tell them with side-splitting style. We'll dig into the elements of what makes a good joke, figure out how to milk them for big laughs and finish with a comedy club open mic. Come to practice or just guffaw. Tuesday, Mar 4th, 2:30 – 4:30, For Kids

**Whatcom READS Presents: Book Discussion with Erica Bauermeister** Join us at the Lummi Island Grange Hall for a lively discussion with this year's featured Whatcom READS author, Erica Bauermeister. Lummi Island bears a suspicious resemblance to a nameless island featured in this year's book, No Two Persons so it's only fitting that we gather there to talk about it. Space is limited and registration is required. This will be held at the Lummi Island Grsnge Hall. Thursday, Mar. 13th, 11:00 – 12:30.

**The Friends of Island Library( FOIL)** is a local non-profit that owns the Island Library property; supports the Library through fundraising and promoting the purposes and activities of the Island Library and its community.

The FOIL Board meets monthly on the third Monday of the month. The next meeting will be Feb. 17th at 6:00 PM at the library. If you'd like to support FOIL's work, financial donations can be sent to PO Box 204, or made through Paypal on [www.friendsofislandlibrary.org](http://www.friendsofislandlibrary.org).

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The LIH&W Board has completed its planning for programs in 2025. Five areas have been identified for development and implementation this year:



1. Creating a team of Health and Wellness Advocates trained to assist people with an acute or chronic condition who need help navigating the health system.
2. Making regular access available to Islanders for quality, affordable, non-medical foot care
3. Setting up a telehealth center at The Gathering Place for Islanders that need assistance in connecting to their providers remotely over the internet
4. Expanding wellness and exercise programs for Islanders and creating a resource hub for information and promotion
5. Organizing/securing added in-home resources and information to enhance islanders' ability to age in place safely.

The Health & Wellness Board (Bob Anderson, Ali de La Bruere-Blake, Sandy Earle, Pam Gould, Jan Jones, Tom O'Brien, Jane Phillips, Shristi Reddy, and Lisa Wochos) are now busy preparing requests for funding from local foundations. We have already received start up grants amounting to \$4,000 from the PeaceHealth Community Benefits Program and the Chuckanut Health Foundation that funded our planning process. And thanks to the generosity of our Island organizations we received \$1,500 from LICA and \$500 from the Civic Club already for future programs. Thank you Island community!!!!

We are now pursuing grants from eight foundations to support our program implementation, including the services of a Program Coordinator, training support and equipment. This will take time as the foundations all have different timelines for funding. It may be summer before some programs can get going.

We will keep you informed as we roll out our programs over the course of the year. Regular reports will be provided to the Island community through these articles, updates to our section on the LICA website (<https://ourlummiisland.org/>), and public forums we will hold during the year. If you have questions, comments or suggestions, please don't hesitate to contact any one of us on the Board.

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## Parish Health Nurses

By Parish Health Ministry

Thanks to the support of Islanders, we have walkers and crutches and shower chairs and bath benches and knee scooters and wheelchairs and bedside commodes and grabbers and sock putter-owners, etc to loan. We can give you a voucher for the Islander if you have an emergent need for food. If you are 55 years of age or older and live on Lummi Island, you are eligible to receive a free food donation every other Friday right here on the Island from the Ferndale Food Bank. If you need a ride to town for a medical appt. call us (if we have a week's notice pretty sure we can find you a ride). Call Ingrid: 360 220-5860 or Joan: 360 739-0228 or Lisa: 360 201-0830 or Jane: 360 389-6697. If you want your blood pressure checked at home or at The Gathering Place, call Jane 360 389-6697. Thank You.

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The last Ferry Advisory committee meeting on January 22nd was attended by over 100 islanders, both in person and online, and six senior county staff. Many of you know that the county has moved to a Hybrid 20-car ferry to replace the Whatcom Chief. We learned about the multi-pronged efforts to secure funding for the new vessel, with multiple departments and staff focused on securing funding for the Hybrid 20 project. County departments are focusing on securing the funds including the previously awarded \$25M RAISE grant after the change in vessel plans.

In terms of timeline, Public Works Director Liz Kosa expects permits to be completed in summer 2027, and new terminal work occurring in winter of 2028. The vessel build should take about 18 months. We understand that since only the Island side dolphins need to be replaced, we may have two lengthy vehicle ferry outages (perhaps a month each) with a break in between. This is a huge improvement from the six-month timeline for the original project.

This year's drydock is planned for two weeks, due to much less extensive in-water repair and inspection. The timeline should be sometime between the first of April and May 18th, to avoid high traffic season.

As for fares, most of you know fares were rolled back to May 2024 levels as of the January 27th. Until new punch cards are available in mid- to late February, the ferry crew is accepting punch cards purchased since June 2024, including those reflecting January 2025 increases. As well, cash fares can be paid with credit cards or checks until the new punch cards are here. At this time, it appears rates will remain at the May 2024 level until January 2026. As before, card sales and value exchange events will be scheduled.

Whatcom County has communicated that in compliance with the court order regarding past dolphin repair expensing, a credit of \$430,058.08 will be credited to the Ferry Fare Box. The county is not planning on individual refunds to ferry users for fares collected at higher rates. All fares collected since June 1, 2024, will remain allocated to the Fare Box for the benefit of all ferry users.

We know that there's much discussion regarding county decisions and management, but it's important to remember the county is working to replace our aging ferry. They agreed to a smaller ferry that is more manageable financially and logistically, and they are working hard to secure funds and permits to make that happen. WCFAC will continue to monitor, analyze and recommend on an array of issues, and work with the executive's office, Public Works and County Council on securing and installing a new ferry.

And finally, a sincere thank you and fare well to 3 extraordinary retiring WCFAC members, Rich Frye, Diane Harper and Todd Lagastee.

Late breaking!! Newly appointed WCFAC members are Rhayma Blake and Tess Winds-Johnson. Welcome!!!


**\*\*NEXT Meeting 2/26, 6pm at the Gathering Place\*\***



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The Civic Club of Lummi Island got the year started by holding their first monthly meeting at the Grange on Thursday January 9th. We welcomed new new members. And have a busy year as usual with our upcoming events and activities. Thank you to our hostesses for the meeting, Sandra Clavero, Jane Place and Debbi Barnes.

Carolyn Jenkins presented a "Guide for Communication Partnerships" which is a tool she developed as a Marriage and Family Therapist to help with marital situations. It was a "give me your hand" method towards relationship success.

We raise money each year to help provide financial grants to island organizations or activities with a purpose. This year we have already approved two Grants for initiatives that support our islanders. At our January meeting, we approved a \$500 grant to the Parish Nurses to acquire medical equipment including medical cuffs, and tele-health services at The Gathering Place. We also voted to allocated \$300 to support the Beach School 5th Grade Leadership Program Bingo Nights in January and March for prizes. Carol McKinney also offered to donate one of her up cycled hat and mittens sets as a prize. In the past we have provided Grant funding for other Beach School events and activities, the Ferry Cams project, L.I. Historical Society, Whatcom Chief Ferry workers, the Grange, The Gathering Place and others.

Our support of Elderberries lunches will occur next on Wednesday, January 29th as that is the 5th

Wednesday of that month. Our volunteer chefs for that day includes Mary Ross, Sandra Clavero and Julia Lowe. Thank you ladies for your support of the Elderberries.

Our monthly meeting upcoming programs for 2025 include:

- February: Victor Place on Photography
- March: Victoria Souz /Marine Mammal Network of Puget Sound
- April: Island Scavenger Hunt
- May; Willie Kelley
- June: Spring Luncheon
- July & August: Summer hiatus

The famous Civic Club Garden Expo will be in May on Saturday the 17th with set up on Friday the 16th. Plan your seed starts now. Think about lovely gift items to donate to the Gift Shoppe. Donate raffle items for the raffle fund raiser, this money is generally donated to an island cause. And be ready for ice cream floats! More details to come!

We welcome all women of Lummi Island to join us each month at our meetings and at our special events like the Garden Expo and Twiced Loved Sale. The Civic Club February meeting will be on Thursday February 13th at 10:00 a.m. at the Lummi Island Grange. Please note that our March meeting will be on the 3rd Thursday of March instead of the 2nd. So in March look for us on March 20th instead of the 13th. Feel free to contact Carolyn Jenkins (President), Pat Moye (Vice President), Julia Lowe (Treasurer) or Molly Forman (Secretary) with any questions. We look forward to meeting you!

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First, I want to introduce myself to you. I am Molly Forman, Lummi Island resident and new Lummi Island Blood Drive Coordinator taking over from Mary Ross who has headed these drives for several years. Mary is the new Chairperson of the Lummi Island Heritage Trust with responsibilities that require her to be able to focus on the strategy and goals for LIHT and asked me to take over the blood drives because I have always prioritized blood donation as an important community activity. I gave my first whole blood donation when I was 21 years old, then later made it my goal to give as often as I could wherever I lived because it is so important. I have given in California, Texas, British Columbia and here in Washington State and have a 10 gallon pin. However, due to medications I am no longer allowed to donate, so the best I can do now is to support this important initiative by helping you to do it!

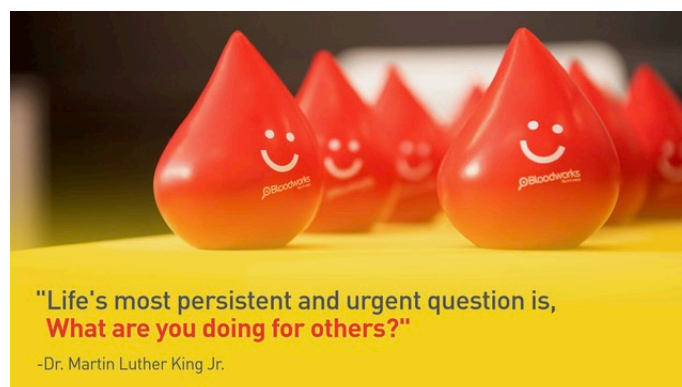
On average, people only donate blood 1.8 times a year, but it is possible to donate up to 6 times a year! Let's change the game in 2025 and make regular blood donation a habit. Committing to donate every 56 days gives hospitals and patients the critical support they need. Schedule your appointment for our next Lummi Island Blood Drive at [https://donate.bloodworksnw.org/donor/schedules/drive\\_schedule/75731](https://donate.bloodworksnw.org/donor/schedules/drive_schedule/75731).

If you have questions about your eligibility, you may visit [bloodworksnw.org/donate/eligibility](https://bloodworksnw.org/donate/eligibility). For questions that cannot be easily answered on this page, we recommend the donor contact our Clinical Specialist so they can speak with someone directly and confidentially: (425) 656-3077 or email: [eligibility@bloodworksnw.org](mailto:eligibility@bloodworksnw.org)

The Age Requirement to donate in Washington is at least 16 or 17 years old. If you are less than 18 years old and want to donate in Washington, you must have a Bloodworks Northwest permission form signed by a parent or guardian to donate. Form must be printed on white paper only.

Our island is committed to helping support whole blood available for many important needs by holding at least four blood drives each year. Our most recent drive was on Thursday, January 23rd at the Grange. We had 30 registered donors and collected 26 units of blood. Not too shabby for the time of year and I know things tend to pick up a bit more in the summer.

The next Blood Drive will be on Tuesday, April 1, 2025, also at the Lummi Island Grange. The first donation of the day will start at 10:00 a.m. and finish up at 4:00 p.m. Many folks that donated on January 23rd have already registered for the next one on April 1st, but there is still room for you! Even if you are a first time donor! The registration link is above and I will also be posting the information on NextDoor and on the LICA Calendar. You are welcome to contact me directly with questions or to help you get registered at [mlforman@comcast.net](mailto:mlforman@comcast.net).





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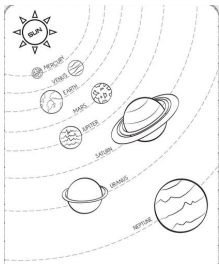
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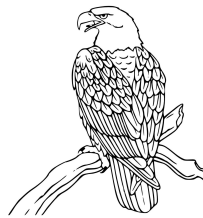
**Out and About on the Rock in January**



The beauty of winter, heavy frost in the morning, clear skies, beautiful sunrise and sunset and stunningly clear night skies. From late January into February planets have been moving towards conjunction and will align on February 28 with Saturn, Mercury, Neptune, Venus, Uranus, Jupiter, and Mars be all in a neat row – a magnificent sight known as a great planetary alignment. Look for this alignment about 1 hour after sunset, you may need binoculars or a telescope to see all 7. There are several websites and apps to help you find specific times and locations for the planets and stars.

Just after sunset and before sunrise there has been an opera chorus of owls hooting, coyotes yipping, and eagles chirping.

- Barred owls flirt all year round, but the actual courtship business starts in February. Breeding takes place anywhere between March and August. At which time, the owls will find a suitable nest for their family.
- Bald Eagles are also moving into their nesting season. Eagles generally return to the same nest every year. Once a nest is established it is replenished and maintained and may increase in size by 1 - 3 feet each year.
- Coyotes howl and yip primarily to communicate with each other and establish territory. There is nothing to be concerned about when you hear coyotes calling. If they are not showing any aggressive behavior toward humans or pets, just listen and enjoy the wild canine song.



# The Tome

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## LICA Needs Your Help!!

*By David Thorn*

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The LICA board needs additional members to continue serving all of us on Lummi. The secretary position is open and we need at least two additional members for open positions.

Please consider becoming involved and helping the island. Your Community is what you make it!

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### The Tome

Lummi Island Community Association  
LICA, P.O. Box 163, Lummi Island WA 98262

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